

A workbook for exploring ways of getting off the island

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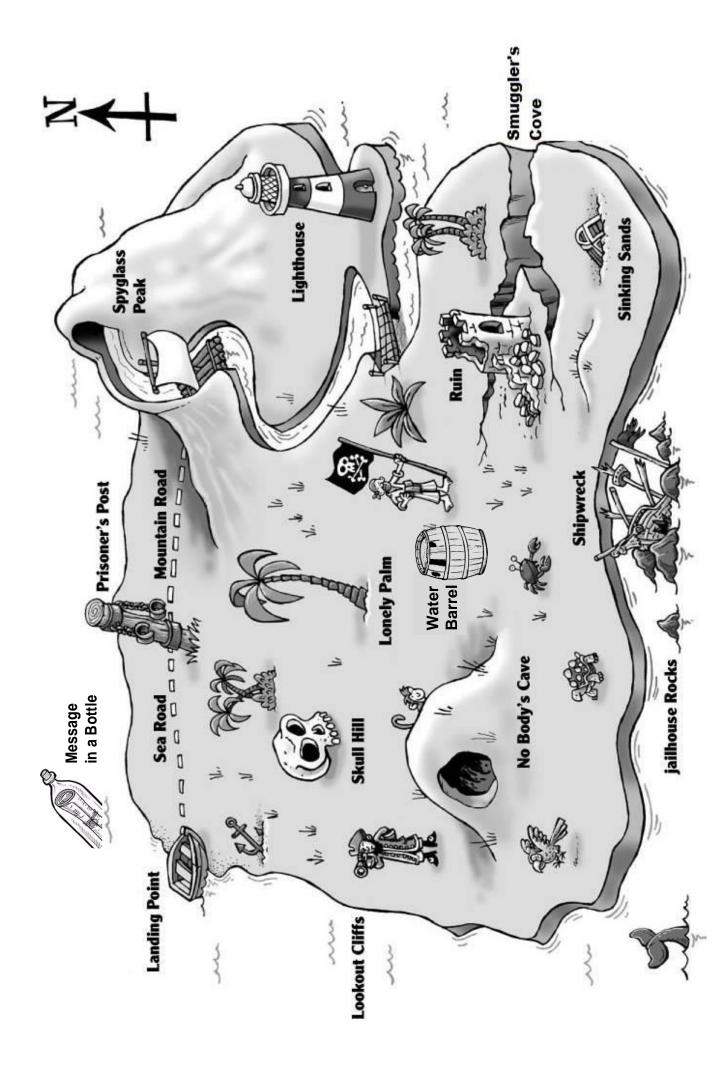


You will notice there is one more island than there are exiles listed.

One person on the list was a **recidivist.** A repeat offender.

Otherwise put, he didn't learn from his first time away, so he spent a second period on a different island.

Through using this workbook to better understand yourself, we hope that this will be your final stay on Maghaberry Island...



A **castaway** is a person who is cast adrift or ashore. While the situation usually happens after a shipwreck, some people voluntarily stay behind on a deserted island, either to evade captors or the world in general. A person may also be left ashore as punishment (marooned).



Real life exiles or castaways include Napoleon and the Apostle John, who wrote the last book of the Bible Revelation. Consider the number of books, film and TV which have this as a theme:

<u>Radio 4</u> *Desert Island Discs* <u>TV series</u> *Lost* <u>Books</u>: *Lord of the Flies, Gulliver's Travels, Robinson Crusoe* <u>Film</u>: *Castaway, Blue Lagoon, Scooby Doo – Spooky Island, Life of Pi.* 

In what ways does jail compare to being a castaway?